

Oakland Marriott City Center ~ Oakland, CA | September 22–25, 2019

## Who should attend?

Physicians representing each and every practice specialty area, nurses and all allied health practitioners – those who are dedicated to empowering patients and clients with the ultimate prescription.

Visit [www.pbnhc.com](http://www.pbnhc.com), watch videos of last year's attendees and faculty members, and register to be part of a medical education event that many have said was "life changing" – for themselves, for their families and for their medical practices and patients.

## Conference Faculty

Learn from the leading **experts and researchers** about the preventive and healing power of plant-based nutrition.

While we are still confirming topics and faculty for the 2019 PBNHC, we are confident that we will bring you the best and most relevant topics and faculty, just as we have done for our previous five conferences.



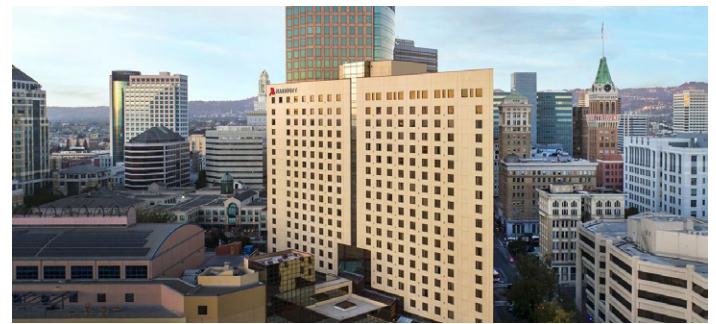
## CME Accreditation

The Plantrician Project is in the process of submitting our application for CE credits for the 2019 International Plant-Based Nutrition Healthcare Conference. This process will take a few months while we gather all of the information, forms and documentation necessary to be approved for credits. With that said, all previous PBNHC's were approved for CE credits and we expect that the 2019 PBNHC have similar CE credits.

## Location

The quality of the conference is reflected in the exceptional caliber of the host venue, the Oakland Marriott City Center, conveniently located in downtown Oakland, California.

Arrive early or stay after the conference to experience Oakland's local food movement, top sports teams, and thriving arts culture.



## Delicious, health-promoting gourmet cuisine.

The conference kicks off on Friday evening with the official Welcome Dinner, concluding on Monday, following lunch. In all, nine delicious, chef-prepared plant-based meals are included in your conference registration, served at a venue that's second to none.

*If we're consuming a diet of plant-based, whole foods, we're getting an optimal diet and optimal protein intake.*

– T. Colin Campbell, MD

## Do no harm.

Is our current diagnose-and-treat “disease” care system a best practice? Or, are we, as physicians and medical professionals, unknowingly, doing harm?

*The alarming rise of chronic disease trends, among both adults and children, is sounding the wake-up call in the medical community. It's critical that preventive, nutritional medicine, which is sorely lacking in our medical schools, become the foundation of our nation's health care system.*

— Scott Stoll, MD, Co-Founder and Board Chairman of The Plantrician Project



(L-R): Scott Stoll, MD, Michael Klaper, MD and T. Colin Campbell, PhD

## Transforming “disease” care to “health” care.

Join many of the leading names in preventive, nutritional medicine—names like T. C. Campbell, M. Greger, D. Ornish, G. Davis, and M. Klaper — who will be presenting as part of the conference faculty for this seventh annual CME accredited event. Learn, first hand, from the experts about the efficacy of plant-based nutrition in its ability to prevent, suspend and, often, even reverse the chronic, degenerative diseases that are pervasive in our patient populations — afflicting both young and old.

*Inside every fat, sick person, there's a normal person with normal biometrics, encased in bad habits and wrong choices.*

— Michael Klaper, MD

## Experts agree.

70% or more of our healthcare costs are tied to the treatment of conditions that are preventable — all too often a result of dietary lifestyle. The Standard American Diet, which we've exported abroad, is wreaking havoc on human health and healthcare costs.

Consider the looming domestic and global pandemic of Type 2 diabetes, no longer referred to as adult-onset due to the alarming rise in our youth population. Research has shown that Type 2 diabetes is largely preventable and even reversible when patients shift to a predominantly whole food, plant-based diet.

## Educate. Equip. Empower.

The good news is that science now overwhelmingly supports nutritional medicine as the foundational pillar of prevention. Seize the opportunity to learn about the solid science behind plant-based nutrition.

Presented with a commitment to intellectual integrity, without bias or influence, the conference objective is to reach the gatekeepers of dietary recommendations — our nation's physicians and medical professionals — proving the benefits of this dietary lifestyle through an in-depth review of current and progressive scientific research.

## Registration

\$1295 — MD, DC, DO, ND and other physicians.

\$1195 — PA, NP, RN, RD and other nurses, pharmacists, executive chefs, allied health professionals, health coaches and practitioners in training.

Early bird pricing of \$995 is available for a limited time. Space is limited, so register today!

Registration includes nine plant-based meals, course materials, sessions, program booklet, access to video recordings of conference sessions (a \$400 retail value), conference mementos and up to 22 CE credits (pending).

To register online or download a PDF mail-in registration form, visit the Registration page at [www.pbnhc.com](http://www.pbnhc.com).

Conference presented by:  The Plantrician Project